



Mammoth Marathon 2023

SUP Results

Long Course around Toronto Island

Overall Men

Place	Name	Time [h:m:s]
1	Mike Howes	1:28:17
2	Jonathan Loek	1:29:02
3	Chris Stringer	1:29:20
4	Cameron Carney - Youth	1:38:17
5	Alex Sandler	1:38:45
6	Noah Vanveen	1:42:59
7	Joel Carcone	1:45:45
8	Michael Kopp	1:46:48
9	Matt Twydell	1:48:41
10	Maxwell Ackford	1:49:44
11	Gander Tawaststjerna	1:49:47
12	Simon Rickard	1:51:35
13	Tommy Lam	1:53:33
14	Corey Jones	1:56:39
15	Glen Buchanan	1:57:54
16	Max Robinson	1:58:53
17	Greg Hetherington	2:00:06
18	Michael Ruttloff	2:06:35
19	Jeff Martin	2:09:41
20	Michael Mah	2:16:47
21	Artem Lavrynenko	2:18:39
22	Ian Mathews	2:24:24
23	Matthew Dimond	2:24:47
24	Chris Helyar	2:29:23
25	Zane Fedder	2:51:36
26	Steve Martin	DNF

Long Course around Toronto Island

Overall Women

Place	Name	Time [h:m:s]
1	Deborah Adams	1:44:44
2	Ariel Amaral	1:46:37
3	Caroline Cook	1:50:31
4	Gina Di Primio	1:53:27
5	Kirsty MacMillan	1:58:20
6	JoJo Davidson	2:30:01

Long Course around Toronto Island

Men 50 +

Place	Name	Elapsed Time [h:m]
1	Chris Stringer	1:29:20
2	Alex Sandler	1:38:45
3	Michael Kopp	1:46:48
4	Matt Twydell	1:48:41
5	Gander Tawaststjerna	1:49:47
6	Corey Jones	1:56:39
7	Michael Ruttloff	2:06:35
8	Jeff Martin	2:09:41
9	Michael Mah	2:16:47
10	Artem Lavrynenko	2:18:39
11	Matthew Dimond	2:24:47
12	Chris Helyar	2:29:23
13	Steve Martin	DNF

Medium Course

Men

Place	Name	Elapsed Time [h:m]
1	Bobbu Ogaro	1:04:25
2	Nicholas	1:04:32
3	Scott Burke	1:11:57
4	Antonio	1:34:24
5	Attila Buday	1:43:52

Medium Course

Women

Place	Name	Elapsed Time [h:m]
1	Evelyn Wong	1:01:44

Youth Course

Place	Name	Time [h:m]
1	Ovidiu Ionica	02:59
2	Radu Ionica	03:09
3	Kai Amoral	05:45

Congratulations to all of the participants and thank you to those who volunteered their time to bring the day to life!